



April 2016

Westland School K-12

LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Grades 6-12 choice of turkey sub, meal or salad bar every day)	Keep updated - read the <u>Local Wellness Policy</u> located in the main office.			1 * Beef & Cheese Taco Snack * Cobb-ilicious Shaker Salad w/ WG Goldfish - w/ Refried Beans & Mixed Fruit
4 * Beef, Bean & Cheese Nachos * Popcorn Chicken Shaker Salad w/ WG Goldfish - w/ Apple	5 * Chicken Salad Sandwich * Chicken Caesar Shaker Salad w/ WG Goldfish - w/ Ranch Carrot Sticks & Pear	6 * Mozzarella & Garlic Cheesy Pull-Aparts * Buffalo Chicken Shaker Salad w/ WG Goldfish - w/ Garden Salad & 100% Fruit	7 * Orange Chicken Bowl w/ WG Rice * Ranch Chicken Shaker Salad w/ WG Goldfish - w/ Celery Sticks & Sliced Peaches	8 * Club Sub * Chicken Taco Shaker Salad w/ WG Tortilla Chips - w/ Jicama & Watermelon Frozen 100% Juice Cup
11 * Grilled Cheese Sandwich * Chicken Taco Shaker Salad w/ WG Tortilla Chips - w/ Chili Lime Carrot Sticks & Blue Raspberry Frozen 100% Juice Cup	12 * Penne Pasta w/ Meat Sauce * Buffalo Chicken Shaker Salad w/ WG Goldfish - w/ Cucumber Wedges & Pineapple Tidbits	13 * Sardella's Pepperoni Pizza * Ranch Chicken Shaker Salad w/ WG Goldfish - w/ Garden Salad & 100% Fruit Punch	14 * Hot Ham & Cheese * Popcorn Chicken Shaker Salad w/ WG Goldfish - w/ Jicama & Spiced Apples	15 * Beef & Cheese Taco Snack * Chicken Caesar Shaker Salad w/ WG Goldfish - w/ Refried Beans & Grapes
18 * Spicy Honey Chicken Bowl w/ WG Rice * Popcorn Chicken Shaker Salad w/ WG Goldfish - w/ Celery Sticks & Applesauce	19 * Hero Sub * Ranch Chicken Shaker Salad w/ WG Goldfish - w/ Ranch Carrot Sticks & Cherry/Blue Raspberry Frozen 100% Juice Cup	20 * Mozzarella & Garlic Cheesy Pull-Aparts * Buffalo Chicken Shaker Salad w/ WG Goldfish - w/ Garden Salad & 100% Fruit	21 * Chicken Corn Dog * Chicken Taco Shaker Salad w/ WG Tortilla Chips - w/ Ranch Beans & Peaches & Strawberries	22 * Popcorn Chicken & Tots * Chicken Caesar Shaker Salad w/ WG Goldfish - w/ Gala Apple
25 * Soft Pretzel & Cheese * Popcorn Chicken Shaker Salad w/ WG Goldfish - w/ Carrot Sticks & Apple	26 * Hot 'n Spicy Chicken Sandwich * Chicken Taco Shaker Salad w/ WG Tortilla Chips - w/ Cucumber Wedges & Navel Orange	27 * Sardella's Pepperoni Pizza * Ranch Chicken Shaker Salad w/ WG Goldfish - w/ Garden Salad & Wild Cherry Frozen 100% Juice Cup	28 * Chicken, Cheese & Bean Burrito * Chicken Caesar Shaker Salad w/ WG Goldfish - w/ Pinto Beans & Pear	29 * Chicken Tenders * Buffalo Chicken Shaker Salad w/ WG Goldfish - w/ Jicama & 100% Apple Juice

* USDA is an equal opportunity provider and employer.
* Menus are subject to change based on product availability.
* WG = whole grain

All meals come with choice of 8 oz. 1% milk or 8 oz. fat free chocolate milk